

# MID-WINTER NATURIST FESTIVAL, FEBRUARY 17<sup>th</sup>-22<sup>nd</sup>

Breakfast 7:30- 9:00 AM

Lunch: Noon – 1:30 PM

Supper: 5:30 – 7:00 PM

## THURSDAY, 2/17/2022

9:00 **OPENING FRIENDSHIP CIRCLE**  
 10:00 **Water Aerobics** – Isabel Hamelers & Kurt Strickland  
 10:00 **Our Naturist Legacy I** – Michael Raymond  
 10:00 **Current Medical Marijuana Issues** - Tom Blackhawk Caffrey  
 10:00 **Tai Chi For Balance** – Norma Mitchell  
 10:00 **Hula Hooping For All Ages** – Carmen Hamm  
 11:00 **Movement For Growth & Self Healing: Medical QiGong** – David Heilig  
 11:00 **Keto For Healthy Living** - John Dodge  
 11:00 **Cards Against Humanity** – Susan Rothberg  
 11:00 **Poi Workshop** – Hridaya  
 11:00 **Karaoke Rehearsal For All Ages** – Bruce Frendahl  
 Noon **Jason And The Astronauts, Part I** – Len Summers  
 1:30-3:30 **Create A Dessert** – Susan Rothberg  
 1:30 **Yoga With Compassion** – Chris Twyman  
 1:30 **Writing And Photography For N Magazine** – Carmen Hamm & Norma Mitchell  
 1:30 **Sunspport Permaculture Project** – Geoff Farmer  
 1:30 **Energetic Stones And Crystals For Balancing Your Life** – David Heilig  
 1:30 **Children’s Activity: Nature Scavenger Hunt** – Tom Blackhawk Caffrey & Amy Frizzell  
 2:30-4:30 **Volleyball Basics** – Vickie & Allen Wesby  
 2:30 **Longevity Yoga** – Joseph Viscomi  
 2:30 **Love Languages** – Morley Schloss  
 2:30 **Make A Pair Of Earrings** - Maureen Grady  
 2:30 **Children’s Activity: Pool Fun & Ice Cream Social** – Tom Blackhawk Caffrey  
 3:30 **Drumming Workshop** – John Dodge & Forrest Holmes-Dodge  
 3:30 **Naturist – Naturalist Reality Circle #1** – Aaron Frost  
 3:30 **Barefooting And Naturism** – Bruce Frendahl  
 3:30 **Pilates Fusion** – Morris Gelman  
 3:30 **Children’s Activity: Canuding & Kayaking** – Blair Brumley  
 4:30 **Water Flotation Exercises For Couples** – Alice & Dunbar Susong  
 4:30 **Escape From America** – Joanna Montana  
 4:30 **Male Sexuality, Wellness, And Longevity** – David Heilig  
 4:30 **What Buddha Actually Taught** – George Wheeler  
 4:30 **Body Painting For All Ages** – Tom Blackhawk Caffrey & Amy Frizzell  
 7-9:00 **Movie: The Terminator** – Len Summers  
 7-8:30 **Damn! That Apple (Play)** - Leonard Lehrman & Helene Williams, LaDonna Allison & Bill Pacer  
 7:00 **Children’s Activity: Campfire** – Tom Blackhawk Caffrey  
 8:30-9:30 **Full Moon Ceremony** – Laluna & Hridaya  
 9-12:00 **Campfire Drum Circle With Dancing** – John Dodge & Forrest Holmes-Dodge  
 9-11:00 **Movie: Age Of Consent** – Len Summers  
 9:30-11:30 **Songs Of Protest, Revolution And Audacity**- Ken Connors & Cee Cee Severin

## FRIDAY 2/18/2022

8:00 **Light To Moderate Exercise** – Douglas O’Connell  
 9:00 **Basic Photography** – David Lewis  
 9:00 **Morning Meditation & Slow Flow Yoga** – Hridaya  
 9:00 **Compassionate Nonviolent Communication** – Joanna Montana  
 9:00 **Our Naturist Legacy II** – Michael Raymond

9:00 **Children’s Activity: Catch & Release Fishing** – Hank Key & Tom Blackhawk Caffrey  
 9:00 **Sky Farm 90<sup>th</sup> Anniversary** – Susan Shopiro  
 10:00 **Water Aerobics** – Barbara Sutton  
 10:00 **Conversations That Bring You Closer** – Paul Gavin  
 10:00 **Intentional Communities** – Joanna Montana  
 10:00 **Walking & Eating Tour Of Sunspport’s Food Forest** – John Dodge  
 10:00 **Tai Chi For Balance** – Norma Mitchell  
 10:00 **Hula Hooping For All Ages** – Carmen Hamm  
 11:00 **Funny Songs**– Ken Connors & Cee Cee Severin  
 11:00 **Movement For Growth & Self Healing – Medical QiGong** – David Heilig  
 11:00 **Manage Your Stress, Manage Your Life** – Love Byrd  
 11:00 **Bookmarked With TNSF Via Zoom** – Nicky Hoffman, Carmen Hamm, & Norma Mitchell  
 11:00 **Water Slide For All Ages** – Tom Blackhawk Caffrey  
 Noon **Movie For All Ages: Jason And The Astronauts, Part II** – Len Summers  
 1:30 **Yoga With Compassion** – Chris Twyman  
 1:30 **Nudist Club And Resort Round Up** – Jonathan Shopiro  
 1:30 **Exotic Fruit Tasting For All Ages** – John Dodge  
 1:30 **Tarot De Marseille** – Bob Decker  
 1:30 **Creative Photography By The Pool** – Carmen Hamm  
 2:30 **Christianity And Naturism** – Bruce Frendahl  
 2:30 **Covid 19, Viruses, Vaccines: Strengths And Risks** – Joanna Montana  
 2:30 **Professors And Researchers SIG** – Paul LeValley  
 2:30 **LongevityYoga** – Joseph Viscomi  
 2:30 **Values In Relationships** – Morley Schloss  
 2:30 **Children’s Activity: Pool Fun & Ice Cream Social** – Tom Blackhawk Caffrey  
 3:30 **Meet The Birds** – Theresa Frazier & Bradley Glidewell  
 3:30 **World Economic Changes** - Joanna Montana  
 3:30 **Naturist – Naturalist Reality Circle #2** – Aaron Frost  
 3:30 **Regrow Groceries** – Amy Frizzell  
 3:30 **Enjoy Naturist Poetry For All Ages** – Bruce Frendahl  
 3:30 **Free Beaches Movement Leaders Video Archive Project** – Susan Shopiro  
 4:30 **Off The Barre** – Morris Gelman  
 4:30 **War Is In Our Future Until We Stop It** – Deb Hedding  
 4:30 **Gamma Breathwork** – Jodi Neering  
 4:30 **Water Flotatin Exercises For Couples** – Alice & Dunbar Susong  
 4:30 **Informing Politicians Of Naturist Family Values** – Paul LeValley  
 4:30 **Male Sexuality, Wellness, And Longevity** – David Heilig  
 4:30 **Children’s Activity: Shell Painting** – Tom Blackhawk Caffrey  
 7-11:00 **The Rainbow (Movie)** – Len Summers  
 7:00 **A Retrospective Look At Recent MidWinter Naturist Festivals 2014-2021** – David Lewis  
 7:00 **Children’s Activity: Campfire** – Tom Blackhawk Caffrey  
 7:30 **Shabat** – Susan Rothberg  
 8-10:00 **Peace, Love, & P’Opera Concert** - Armand & Angelina  
 9-12:00 **Campfire Drum Circle With Dancing** – John Dodge & Forest Holmes-Dodge  
 9-11:00 **Movie: Planet Of The Apes** – Len Summers  
 10:00 **Sound Healing Meditation** – Marie Gabrielle Porter & Chris Twyman

**SATURDAY 2/19/2022**

8:00	<b>Light To Moderate Exercise</b> – Doug O’Connell	11:00
9-11:00	<b>Abundant Financial Living</b> – Don Palermo	11:00
9:00	<b>Morning Meditation And Slow Flow Yoga</b> – Laluna	11:00
9:00	<b>God And Gaia</b> – Joanna Montana	11:00
9:00	<b>Ukulele Workshop</b> – Ken Connors & Cee Cee Severin	Noon
9:00	<b>Woman in Naturism</b> – Carmen Hamm & Norma Mitchell	
9:00	<b>Children’s Activity: Mindful Meditation -Day Dreaming Fun</b> – Michael Raymond	1:30
10:00	<b>Water Aerobics</b> – Barbara Sulton	1:30
10:00	<b>Native Fute Playshop</b> – Armand & Angelina	1:30
10:00	<b>Movement For Growth &amp; Self Healing : Medical QiGong</b> – David Heilig	1:30
10:00	<b>Top-Free Equality</b> – LaDonna Allison & Bill Pacer	1:30
10:00	<b>Hula Hooping For All Ages</b> – Carmen Hamm	
11:00	<b>Scientific Prayer Through Music</b> – Faerie Elaine Silver	2:30
11:00	<b>Tai Chi For Balance</b> – Norma Mitchell	2:30
11:00	<b>Living, Loving, And Letting Go</b> – Love Byrd	2:30
11:00	<b>Art Modeling</b> – LaDonna Allison & Bill Pacer	2:30
11:00	<b>Tie Dye For All Ages</b> – Jessica Greaves	2:30
12-1:30	<b>Skin Cancer Screening</b> – Fadwah Halaby	2:30
1:30	<b>GENERAL ASSEMBLY With Group Photo</b>	
3-4:30	<b>Naturist Photography And Modeling</b> – David Lewis	3:30
3-4:30	<b>Fundamentals Of A Healthy Lifestyle</b> – John Dodge	3:30
3-4:30	<b>Free Computer Support</b> – Brad Frizzell	3:30
3-4:30	<b>Volleyball Basics</b> – Vickie & Allen Wesby	3:30
3-3:45	<b>Children’s Activity: Pool Fun &amp; Ice Cream Social</b> – Tom Blackhawk Caffrey	3:30
3-3:45	<b>LongevityYoga</b> – Joesph Viscomi	4:30
3:45-4:30	<b>Puppet Show For All Ages</b> – LaDonna Allison & Bill Pacer	4:30
4:30	<b>Water Flotation Exercises For Couples</b> – Alice & Dunbar Susong	4:30
4:30	<b>The Connection Between A Healthy Gut And A Healthy Vagina</b> – Fadwah Halaby	4:30
4:30	<b>Naturist – Naturalist Reality Circle #3</b> – Aaron Frost	4:30
4:30	<b>Naturism In Florida : Update</b> – Ralph Collinson	4:30
4:30	<b>Male Sexuality, Wellness, &amp; Longevity</b> – David Heilig	4:30
4:30	<b>Stacked</b> – Morris Gelman	4:30
4:30	<b>Children’s Activity: Rock Painting</b> – Tom Blackhawk Caffrey	4:30
7-9:00	<b>Olympia Part One: Festival Of The Natives (Movie)</b> – Len Summers	7-9:00
7:00	<b>Raised By Wolves: Feral Children In Art</b> – Paul LeValley	7:00
7:00	<b>Children’s Activity: Campfire</b> – Tom Blackhawk Caffrey	7:00
7:30-9:00	<b>Viewing The Winter Night Sky</b> – David Gibbon	7-9:00
8-10:00	<b>Faerie Elaine In Concert</b> – Faerie Elaine Silver	7:00
9-12:00	<b>Campfire Drum Circle With Dancing</b> – John Dodge & Forest Holmes - Dodge	8-11:00
9-11:30	<b>Woman In Love (Movie)</b> – Len Summers	9-12:00

**SUNDAY 2/20/2022**

8:00	<b>Light To Moderate Exercise</b> – Doug O’Connell	
9:00	<b>Zipolite: Mexico’s #1 Naturist Beach</b> – Claudia Kellersch	
9:00	<b>Children’s Activity: Friendship February</b> – Serenity & Darlene Concepcion	
9:00	<b>Non-Denominational Worship Service</b> – Bruce Frendahl	
9:00	<b>Exploring Sunsport Nature Trails</b> – Ralph Collinson	
9:00	<b>Traditiona Ashtanga Yoga</b> – Hridaya	
9:00	<b>Native Flute &amp; Chanting Service</b> – Armand & Angelina	
10:00	<b>Hula Hooping For All Ages</b> – Carmen Hamm	
10:00	<b>Earth Day Celebration</b> – Love Byrd	
10:00	<b>Water Aerobics</b> – Barbara Sutton	
10:00	<b>Movement For Growth &amp; Self Healing: Medical QiGong</b> – David Heilig	
10:00	<b>Gamma Breathwork</b> – Jodi Neering	
11-4:00	<b>BLOODMOBILE</b>	
11:00	<b>Tai Chi For Balance</b> – Norma Mitchell	

11:00	<b>Use Your Naturism To Save Wounded And Disabled Veterans</b> - Deb Hedding	
11:00	<b>Gospel Singing</b> – LaDonna Allison & Bill Pacer	
11:00	<b>Nudist Archive Preseravation Project</b> – Susan Shopiro	
11:00	<b>Pudding Toss For All Ages</b> – Morley Schloss	
Noon	<b>Movie For All Ages: Forbidden Planet, Part 1</b> – Len Summers	
1:30	<b>Hot Springs Of North America</b> – George Wheeler	
1:30	<b>Tarot And Its Naturist Roots</b> – Carmen Hamm	
1:30	<b>Yoga With Compassion</b> – Chris Twyman	
1:30	<b>Environmental Portraiture I: Creative Self Expression</b> – Michael Raymond	
1:30	<b>Conversations That Bring You Closer</b> – Paul Gavin	
1:30	<b>Water Side For All Ages</b> – Tom Blackhawk Caffrey & Brad Frizzell	
2:30	<b>Crochet 101</b> – LaDonna Allison	
2:30	<b>A Gathering Of Divine Beings</b> – Faerie Elaine Silver	
2:30	<b>Corn: Healthy Or Deadly</b> – John Dodge	
2:30	<b>The 4 Nudist Libraries</b> – Paul LaValley	
2:30	<b>LongevityYoga</b> – Joseph Viscomi	
2:30	<b>Children’s Activity: Pool Time &amp; Ice Cream Social</b> – Tom Blackhawk Caffrey	
3:30	<b>Yin And Restorative Yoga</b> – Laluna	
3:30	<b>Backing Up Your Data</b> – Brad Frizzell	
3:30	<b>Naturist-Naturalist Reality Circle #4</b> – Aaron Frost	
3:30	<b>Body Modification</b> – Claudia Kellersch	
3:30	<b>Improv For All Ages</b> – LaDonna Allison & Kim Trampus	
4:30	<b>Water Massage</b> – Barbara Sutton	
4:30	<b>Writing 101</b> – Bill Pacer & LaDonna Allison	
4:30	<b>Male Sexuality, Wellness &amp; Longevity</b> – David Heilig	
4:30	<b>Tabata</b> – Morris Gelman	
4:30	<b>Naturist Action Committee Update</b> – Susan Rothberg	
4:30	<b>Body Painting For All Ages</b> – Tom Blackhawk Caffrey	
7-9:00	<b>Movie: Act Naturally</b> – Len Summers	
7:00	<b>Photographing People Around The World (Slide Show)</b> – David Lewis	
7-9:00	<b>Viewing The Winter Night Sky</b> – David Gibbon	
7:00	<b>Children’s Activity: Campfire</b> – Tom Blackhawk Caffrey	
8-11:00	<b>Sunsport Musicians Concert</b> – Bob Fekete, Phil Hahn & Bobby Whetzel	
9-12:00	<b>Campfire Drum Circle With Dancing</b> – John Dodge & Forest Holmes - Dodge	
9-10:00	<b>Naturist Communal</b> – Bruce Frendahl	
10-11:30	<b>Embrace (Movie)</b> – Len Summers	

**MONDAY 2/21/2022**

8:00	<b>Light To Moderate Exercise</b> – Doug O’Connell	
9:00	<b>Moving Mediation And Slow Flow Yoga</b> – Laluna	
9:00	<b>Where To Go Nude In Florida</b> – Bruce Frendahl	
9:00	<b>Plant Communities Of Sunsport</b> – Geoff Farmer	
9:00	<b>Cards Against Humanity</b> – Susan Rothberg	
9:00	<b>Children’s Activity: Catch &amp; Release Fishing</b> – Hank Key & Tom Blackhawk Caffrey	
10-12:00	<b>Karaoke For All Ages</b> – Kim Trampus	
10-12:00	<b>Indiginous Cultures In Florida</b> – Tom Blackhawk Caffrey	
10:00	<b>Movement For Growth &amp; Self Healing: Medical QiGong</b> – David Heilig	
10:00	<b>Crochet 202</b> – LaDonna Allison	
10:00	<b>Water Aerobics</b> – Kurt Strickland & Isabel Hamelers	
11:00	<b>Native Flute Playshop</b> – Armand & Angelina	
11:00	<b>Sprouting</b> – John Dodge	
Noon	<b>Movie For All Ages: Forbidden Planet, Part 2</b> – Len Summers	
1:30	<b>Florida’s Fresh Water Springs</b> – Amy Frizzell	
1:30	<b>Environmental Portraiture 2: The MovingPortrait</b> – Michael Raymond	
1:30	<b>We’re All Different And Perfect</b> – Morley Schloss	

1:30 **Yoga With Compassion** – Chris Twyman  
 1:30 **Writing 102** – Bill Pacer & LaDonna Allison  
 1:30 **Children’s Activity: Canuding & Kayaking** – Blair Brumley  
 2:30 **LongevityYoga** – Joseph Viscomi  
 2:30 **Guitar Workshop** – Ken Connors & Cee Cee Sevarin  
 2:30 **Stitch And Bitch** – Susan Rothberg  
 2:30 **History Of Florida Free Beaches** – Bruce Frendahl  
 2:30 **Code Red: Sustainable Communities Now** – Geoff Farmer  
 2:30 **Children’s Activity: Pool Fun & Ice Cream Social** – Tom Blackhawk Caffrey  
 3:30 **Cacao Ceremony With Guided Meditation** – Hridaya  
 3:30 **Naturist – Naturalist Reality Circle # 5** – Aaron Frost  
 3:30 **Conscious Discipline** – Jodi Neering  
 3:30 **Fun with Photography** – David Lewis  
 3:30 **Exercise Using Exercise Bands** – Morris Gelman  
 3:30 **Children’s Activity: Drum Making & Playing** – Tom Blackhawk Caffrey & John Dodge  
 4:30 **Sunset Estatic Dance** – Laluna  
 4:30 **Male Sexuality, Wellness, & Longevity** – David Heilig  
 4:30 **Make A Pair Of Earrings** – Maureen Grady  
 4:30 **Naturist Action Committee / Naturist Education Foundation Area Representatives** – Susan Rothberg

4:30 **Gamma Breathwork** – Jodi Neering  
 4:30 **Children’s Activity: Parade** – Tom Blackhawk Caffrey & John Dodge  
 7-8:30 **Variety Show** – Bob Decker, MC  
 7-9:00 **The Patience Stone (Movie)** – Len Summers  
 8:30-9:30 **Retrospective Look At Recent Midwinter Naturist Festivals (Slideshow)** – David Lewis  
 9-12:00 **Campfire Drum Circle With Dancing** – John Dodge & Forest Holmes-Dodge  
 9-11:00 **Movie: Bettie Page Reveals All** – Len Summers  
 9:30-10:30 **Sound Healing Meditations** – Marie Gabrielle Porter & Chris Twyman  
 10:30-11:30 **Folk Songs Of The 60’s Sing-A-Long** – Ken Connors & Cee Cee Severin

TUESDAY 2/22/2022

8:00 **Light To Moderate Exercise** – Doug O’Connell  
 9:00 **CLOSING FRIENDSHIP CIRCLE**  
 10:00 **Blind Creek Beach Trip** - Morley Schloss  
 10:00 **Haulover Beach Trip** - Al Rohde